

Twiststars Christmas Camps

Mon. Dec. 30th, Tues. Dec. 31st, Thurs. Jan. 2nd, 2020

708-532-7626

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New Students welcome

#1. Beg. & Adv. Beg. Tumble & Trampoline Camp, Gail will teach this

camp: Get Stronger, tumble, play games and try trampoline **9:00 a.m. to 11:00 a.m.**

Camp # 1 is a great way to see if you like the sport of Tumbling & Trampoline

#2. Flip Flop Camp 3 days , 2 hours a day of drills, conditioning, and flipping on
tumble trak, trampoline and rod floor. **This is a great camp for Cheerleaders that need to
learn their flip flop** **11:00 a.m. - 1:00 p.m.**

#3. Cheer & Intermediate Tumbling Camp. This camp is for the tumbler that
is working on back tucks, layouts, whips and or fulls. Team members are welcome to do this
or any of the camps. **1:00 p.m. to 3:00p.m.**

Sign up deadline is Dec 20. Cost is \$75. 00

Name _____ Phone _____

Age _____ Current class or level _____

For new students: Current skills I am doing _____

Amount Paid _____